



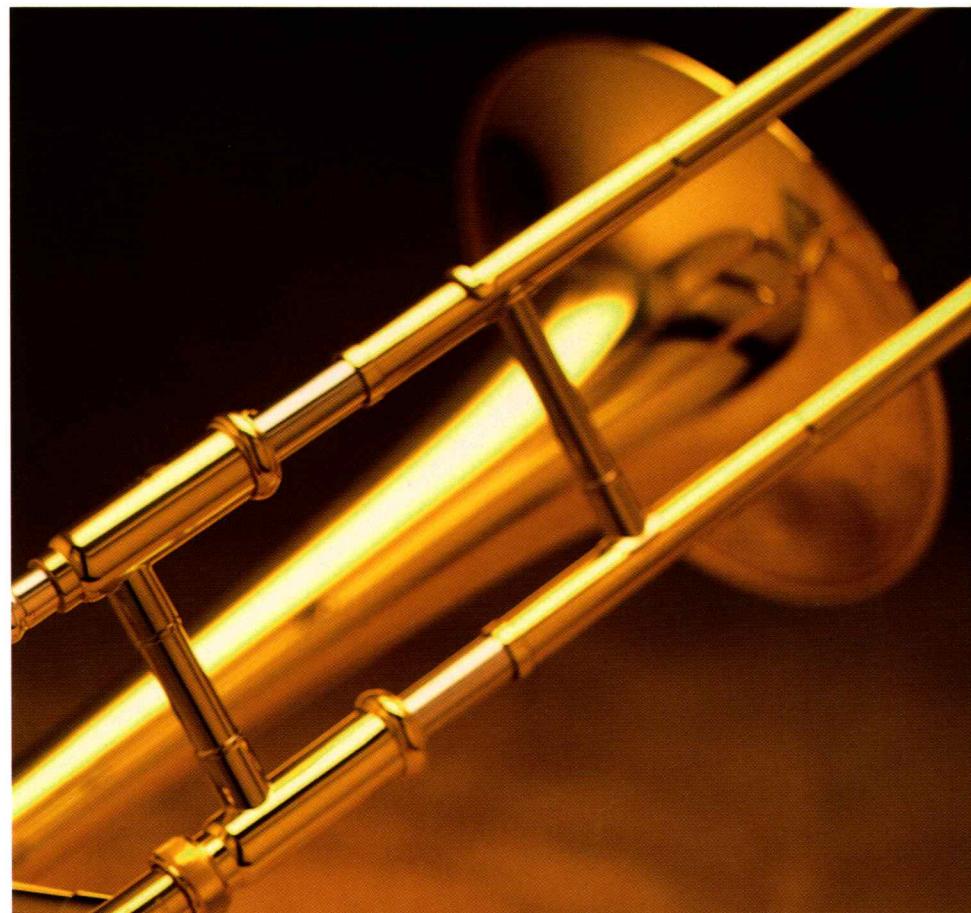
Online Resources Included



TROMBONE BOOK 1

# ESSENTIAL ELEMENTS<sup>®</sup>

## FOR BAND



**COMPREHENSIVE BAND METHOD**

**TIM LAUTZENHEISER  
JOHN HIGGINS  
CHARLES MENGHINI  
PAUL LAVENDER  
TOM C. RHODES  
DON BIERSCHENK**



**HAL•LEONARD<sup>®</sup>**

Fully compatible with  
Essential Elements 2000



# **PRACTICE RECORD**

# ESSENTIAL ELEMENTS

## FOR BAND

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**TIM LAUTZENHEISER  
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DON BIERSCHENK**

Band is... **M**aking music with a family of lifelong friends.

**U**nderstanding how commitment and dedication lead to success.

**S**haring the joy and rewards of working together.

**I**ndividuals who develop self-confidence.

**C**reativity—expressing yourself in a universal language.

Band is...**MUSIC!**

*Strike up the band,*

Tim Lautzenheiser

**T**rombones were known to exist in the 15th century. Unlike other instruments, the shape of today's instrument remains close to the original. In the 16th century, trombones were a common town and court band instrument. There are several kinds of trombones, and the tenor is the most common. Valve trombones were developed in the 1800s. In 1839, the bass trombone was invented. An extension allows this instrument to play lower notes.

The trombone's slide gives the instrument unique playing features. An extremely important member of the concert band as well as a popular jazz instrument, trombones play solos, melodies and harmonies.

G. Gabrieli, Beethoven, Mahler and Stravinsky are important composers who have included trombones in their writing. Some famous trombone performers are Glenn Miller, Urbie Green, Bill Watrous and Kai Winding.

HISTORY OF THE TROMBONE

### Student Activation Code

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# THE BASICS

## Posture

Sit on the edge of your chair, and always keep your:

- Spine straight and tall
- Shoulders back and relaxed
- Feet flat on the floor

## Breathing & Airstream

Breathing is a natural thing we all do constantly. To discover the correct airstream to play your instrument:

- Place the palm of your hand near your mouth.
- Inhale deeply through the corners of your mouth, keeping your shoulders steady. Your waist should expand like a balloon.
- Slowly whisper "tah" as you gradually exhale air into your palm.

The air you feel is the airstream. It produces sound through the instrument. Your tongue is like a faucet or valve that releases the airstream.

## Producing The Essential Tone

"Buzzing" through the mouthpiece produces your tone. The buzz is a fast vibration in the center of your lips. Your embouchure (*ahm'-bah-shure*) is your mouth's position on the mouthpiece of the instrument. A good embouchure takes time and effort, so carefully follow these steps for success:

### BUZZING

- Moisten your lips.
- Bring your lips together as if saying the letter "m."
- Relax your jaw to separate your upper and lower teeth.
- Form a slightly puckered smile to firm the corners of your mouth.
- Direct a full airstream through the center of your lips, creating a buzz.
- Buzz frequently without your mouthpiece.

### MOUTHPIECE PLACEMENT

- Form your "buzzing" embouchure.
- Place the mouthpiece approximately 2/3 on the upper lip and 1/3 on the lower lip. Your teacher may suggest a slightly different mouthpiece placement.
- Take a full breath through the corners of your mouth.
- Start your buzz with the syllable "tah." Buzz through the center of your lips keeping a steady, even buzz. Your lips provide a cushion for the mouthpiece.

## MOUTHPIECE WORKOUT

Using only the mouthpiece, form your embouchure carefully. Take a deep breath without raising your shoulders. Begin buzzing your lips by whispering "tah" and gradually exhale your full airstream. Strive for an even tone.



REST



REST

## Taking Care Of Your Instrument

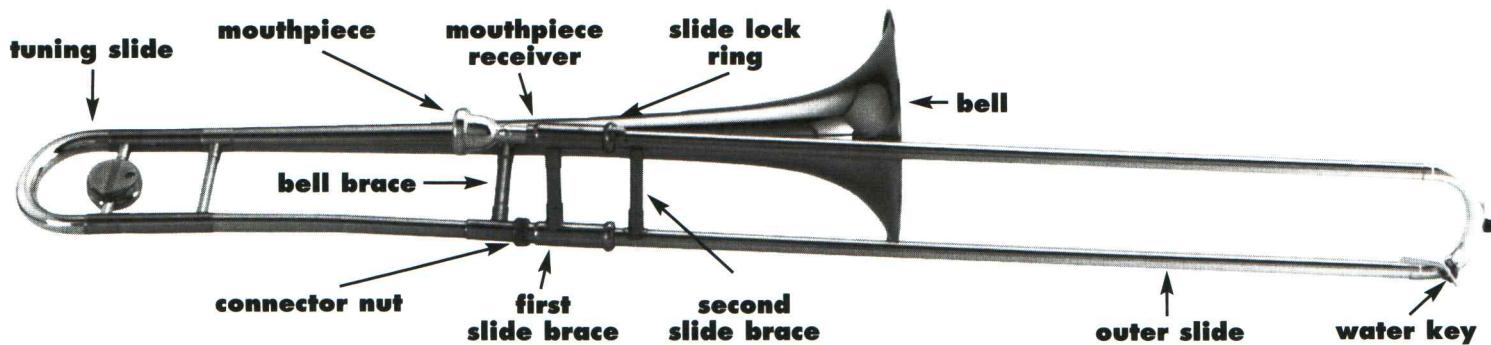
Before putting your instrument back in its case after playing, do the following:

- Use the water key to empty water from the instrument. Blow air through it.
- Remove the mouthpiece and slide assembly. Do not take the outer slide off the inner slide piece. Return the instrument to its case.
- Once a week, wash the mouthpiece with warm tap water. Dry thoroughly.

Trombone slides occasionally need oiling. To oil your slide, simply:

- Rest the tip of the slide on the floor and unlock the slide.
- Exposing the inner slide, put a few drops of oil on the inner slide.
- Rapidly move the slide back and forth. The oil will then lubricate the slide.
- Be sure to grease the tuning slide regularly. Your director will recommend special slide oil and grease, and will help you apply them when necessary.

## Getting It Together



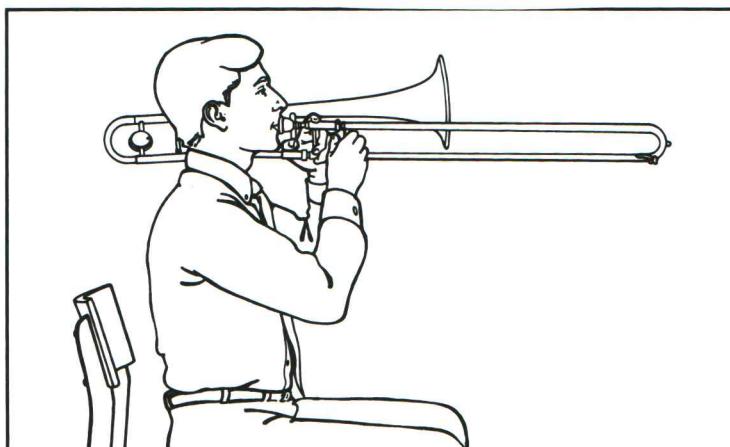
**Step 1** Lock the slide by turning the slide lock ring to the right. Carefully put the slide into the bell section at a 90° angle. Tighten the connector nut to hold the two sections together.

**Step 2** Carefully twist the mouthpiece to the right into the mouthpiece receiver.

**Step 3** Place your left thumb under the bell brace, and your index finger on top of the mouthpiece receiver. Gently wrap your other fingers around the first slide brace.

**Step 4** Place your right thumb and first two fingers on the second slide brace.

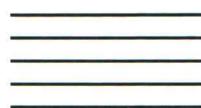
**Step 5** Support the trombone with your left hand only. Unlock the slide. Your right hand and wrist should be relaxed to move the slide comfortably. Hold the trombone as shown:



## READING MUSIC

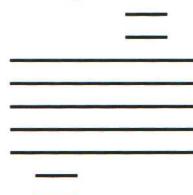
Identify and draw each of these symbols:

### Music Staff



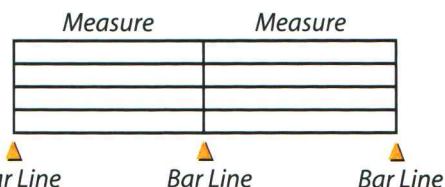
The **music staff** has 5 lines and 4 spaces where notes and rests are written.

### Ledger Lines



**Ledger lines** extend the music staff. Notes on ledger lines can be above or below the staff.

### Measures & Bar Lines



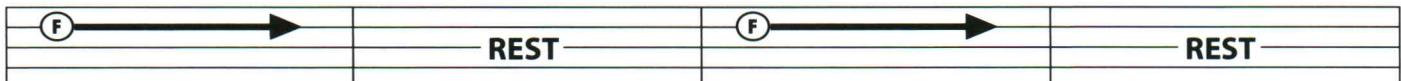
**Bar lines** divide the music staff into **measures**.

**Long Tone**

To begin, we'll use a special "Long Tone" note. Hold the tone until your teacher tells you to rest. Practice long tones each day to develop your sound.

**1. THE FIRST NOTE**

Hold each long tone until your teacher tells you to rest.

**F**

1

To play "F," bring the slide up to first position.

**The Beat**

The **beat** is the pulse of music, and like your heartbeat it should remain very steady. Counting aloud and foot-tapping help us maintain a steady beat. Tap your foot **down** on each number and **up** on each "&."

**One beat = 1 &**

**Notes And Rests**

**Notes** tell us how high or low to play by their placement on a line or space of the music staff, and how long to play by their shape. **Rests** tell us to count silent beats.

**Quarter Note** = 1 beat

**Quarter Rest** = 1 silent beat

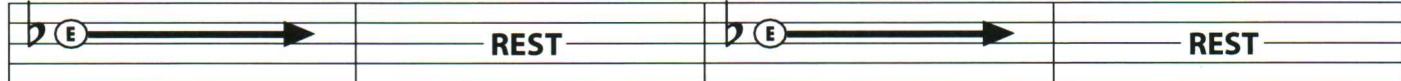
**2. COUNT AND PLAY**

Count: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

Tap:

**3. A NEW NOTE**

Look for the slide position diagram under each new note.

**E<sub>b</sub>**

3

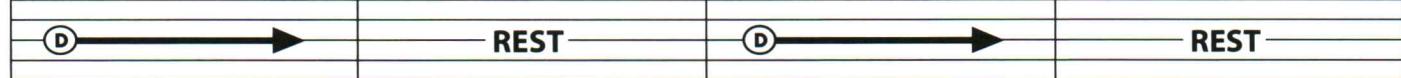
▲ "E<sub>b</sub> (E-flat)" is played in third position.

**4. TWO'S A TEAM**

Count & Tap: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

**5. HEADING DOWN**

Practice long tones on each new note.

**D**

4

**6. MOVING ON UP**

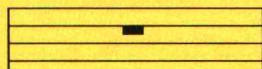
Count & Tap: 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &



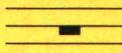
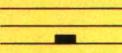


**Whole Note** = 4 Beats

1 &amp; 2 &amp; 3 &amp; 4 &amp;

**Whole Rest**= A Whole Measure  
of Silent Beats

1 &amp; 2 &amp; 3 &amp; 4 &amp;

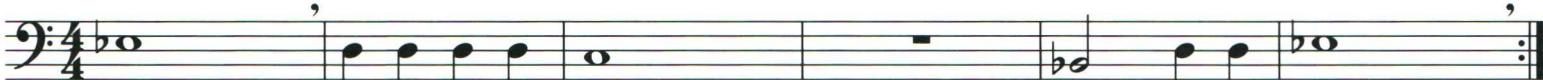
**Whole Rest**hangs from  
a staff line.**Half Rest**sits on a  
staff line.**20. RHYTHM RAP** Clap the rhythm while counting and tapping.

Clap



1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

**21. THE WHOLE THING**

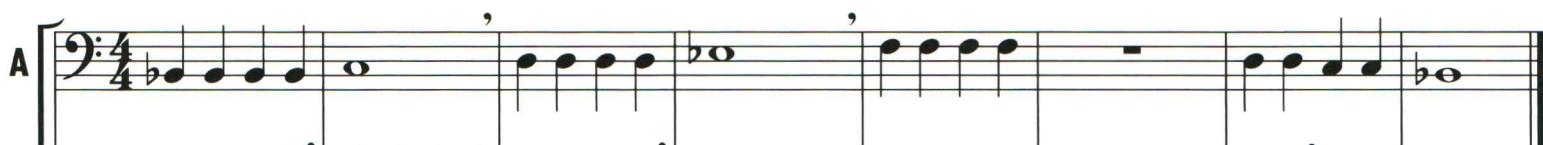


1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

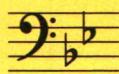
**Duet**

A composition with two different parts, played together.

**22. SPLIT DECISION – Duet**

A 

B 

**Key Signature**The **Key Signature** tells us which notes to play with sharps (♯) or flats (♭) throughout the music. Your Key Signature indicates the Key of B♭ – play all B's and E's as flats.

THEORY

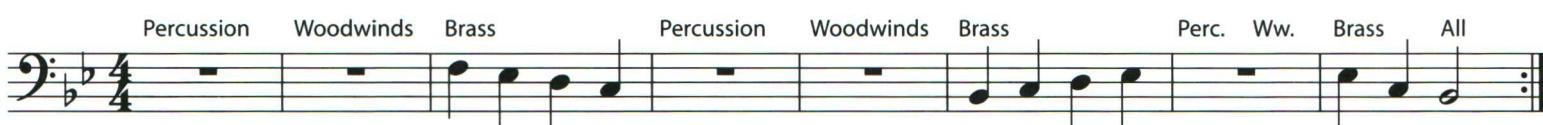
**23. MARCH STEPS**



▲ Play B♭'s and E♭'s

**24. LISTEN TO OUR SECTIONS**

Percussion Woodwinds Brass



Percussion Woodwinds Brass

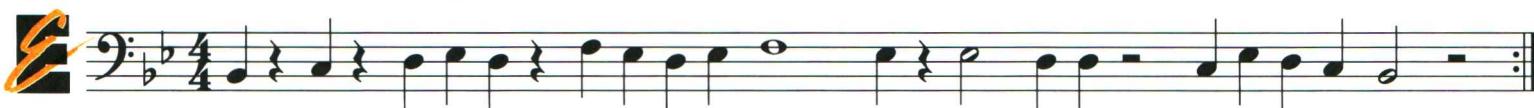
Perc. Ww. Brass All

**25. LIGHTLY ROW**





**26. ESSENTIAL ELEMENTS QUIZ** Draw in the bar lines before you play.

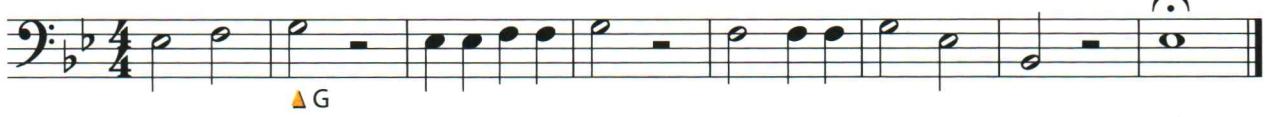


**Fermata**

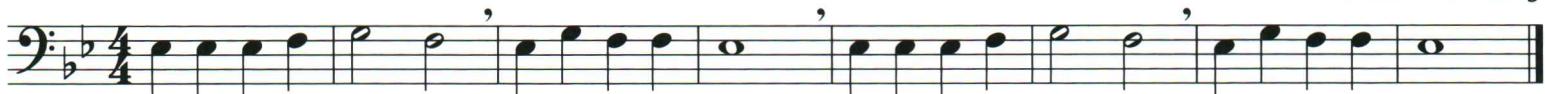
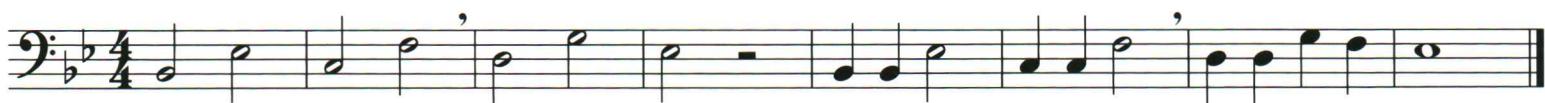
Hold the note (or rest) longer than normal.

**27. REACHING HIGHER – New Note**

Practice long tones on each new note.

**G****28. AU CLAIRE DE LA LUNE**

French Folk Song

**29. REMIX****THEORY****Harmony**Two or more notes played together. Each combination forms a *chord*.**30. LONDON BRIDGE – Duet**

English Folk Song

A

B

**HISTORY**

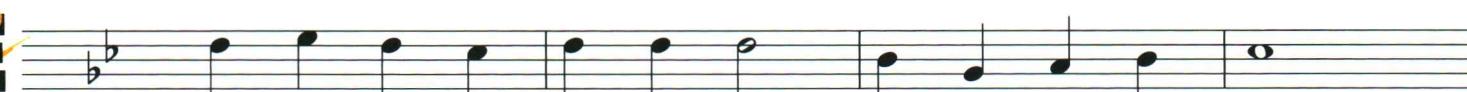
Austrian composer **Wolfgang Amadeus Mozart** (1756–1791) was a child prodigy who started playing professionally at age six, and lived during the time of the American Revolution. Mozart's music is melodic and imaginative. He wrote more than 600 compositions during his short life, including a piano piece based on the famous song, "Twinkle, Twinkle, Little Star."

**31. A MOZART MELODY**

Adaptation

**32. ESSENTIAL ELEMENTS QUIZ**

Draw these symbols where they belong and write in the note names before you play:



### **33. DEEP POCKETS – New Note**

## 34. DOODLE ALL DAY

## 35. JUMP ROPE

A musical score for a single instrument, likely a bassoon or double bass, in bass clef, 4/4 time, and B-flat major. The score consists of three measures of music. The first measure contains four notes: a note with a stem pointing up, a note with a stem pointing down, a note with a stem pointing up, and a note with a stem pointing down. The second measure contains three notes: a note with a stem pointing up, a note with a stem pointing down, and a note with a stem pointing up. The third measure contains four notes: a note with a stem pointing up, a note with a stem pointing down, a note with a stem pointing up, and a note with a stem pointing down. The notes are represented by circles with dots, and the stems are black lines extending from the circles.

## Pick-Up Notes

One or more notes that come before the first *full* measure. The beats of Pick-Up Notes are subtracted from the last measure.

### 36. A-TISKET, A-TASKET

## Dynamics

**f** - forte (play loudly)    **mf** - mezzo forte (play moderately loud)    **p** - piano (play softly)  
Remember to use full breath support to control your tone at all dynamic levels.

### 37. LOUD AND SOFT

Clap

*f*

*mf*

*p*

*f*

:

## **38. JINGLE BELLS**

*Also practice new music on your mouthpiece only.*

J. S. Pierpont

Musical score for two staves. The top staff is in 4/4 time, B-flat major, and dynamic 'mf'. The bottom staff is in 4/4 time, B-flat major, and dynamic 'f'.

## 39. MY DREYDL Use full breath support at all dynamic levels.

### Traditional Hanukkah Song

mf

*p*

*f*

**Eighth Notes**

Each Eighth Note =  $\frac{1}{2}$  Beat  
2 Eighth Notes = 1 Beat  
Play on down and up taps.



Two or more Eighth Notes have a *beam* across the stems.

**40. RHYTHM RAP** Clap the rhythm while counting and tapping.

Clap

**41. EIGHTH NOTE JAM**
**42. SKIP TO MY LOU**

American Folk Song

**43. LONG, LONG AGO** Good posture improves your sound. Always sit straight and tall.

**44. OH, SUSANNA**

Stephen Collins Foster

**HISTORY**

Italian composer **Gioacchino Rossini** (1792–1868) began composing as a teenager and was very proficient on the piano, viola and horn. He wrote "William Tell" at age 37 as the last of his forty operas, and its familiar theme is still heard today on radio and television.

**45. ESSENTIAL ELEMENTS QUIZ — WILLIAM TELL**

Gioacchino Rossini



# PERFORMANCE SPOTLIGHT

## 52. PERFORMANCE WARM-UPS

### TONE BUILDER

### RHYTHM ETUDE

### RHYTHM RAP

Clap

### CHORALE

Andante

## 53. AURA LEE – Duet or Band Arrangement

(Part A = Melody, Part B = Harmony)

George R. Poulton

Andante

## 54. FRÈRE JACQUES – Round

(When group A reaches ②, group B begins at ①)

Moderato

French Folk Song

# PERFORMANCE SPOTLIGHT

## 55. WHEN THE SAINTS GO MARCHING IN – Band Arrangement

Allegro

3 Measure number

Arr. by John Higgins

Music score for 'When the Saints Go Marching In' in 4/4 time, B-flat major. The score consists of three staves of bassoon music. Measure 3 starts with a dynamic *mf*. Measure 11 starts with a dynamic *f*. Measure 19 starts with a dynamic *f*. The score is arranged by John Higgins.

## 56. OLD MACDONALD HAD A BAND – Section Feature

Allegro

Music score for 'Old MacDonald Had a Band' in 4/4 time, B-flat major. The score consists of three staves of bassoon music. Measure 9 starts with a dynamic *f*. Measure 13 starts with a dynamic *f*. Measure 13 continues with a dynamic *p*. The score is marked '2nd time go on to meas. 13'.

## 57. ODE TO JOY (from Symphony No. 9)

Ludwig van Beethoven

Arr. by John Higgins

Moderato

Music score for 'Ode to Joy' in 4/4 time, B-flat major. The score consists of three staves of bassoon music. Measure 9 starts with a dynamic *p*. Measure 13 starts with a dynamic *f*. The score is arranged by John Higgins.

## 58. HARD ROCK BLUES – Encore

Allegro

John Higgins

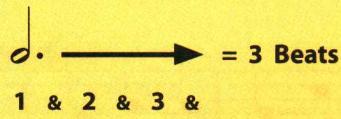
Music score for 'Hard Rock Blues' in 4/4 time, B-flat major. The score consists of two staves of bassoon music. Measure 1 starts with a dynamic *f*. The score is arranged by John Higgins.

**Tie**

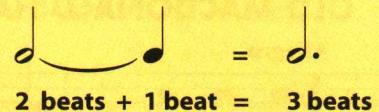
A curved line connecting notes of the same pitch. Play one note for the combined counts of the tied notes.

**59. FIT TO BE TIED**
**60. ALOUETTE**

French-Canadian Folk Song

**Dotted Half Note**

A dot adds half the value of the note.

**61. ALOUETTE – THE SEQUEL**

French-Canadian Folk Song

**HISTORY**

American composer **Stephen Collins Foster** (1826–1864) was born near Pittsburgh, PA. He has become the most recognized song writer of his time for works such as "Oh Susanna," which became popular during the California Gold Rush of 1849. Among his most well-known songs are "My Old Kentucky Home" and "Camptown Races."

**62. CAMPTOWN RACES**

Allegro

Stephen Collins Foster

**63. NEW DIRECTIONS**
**64. THE NOBLES** *Always use a full airstream and maintain good posture.*
**65. ESSENTIAL ELEMENTS QUIZ**

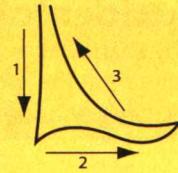
## 3 Time Signature



= 3 beats per measure  
= Quarter note gets one beat

## Conducting

Practice conducting this three-beat pattern.



THEORY

### 66. RHYTHM RAP

Clap

**3** **4**

1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 &

### 67. THREE BEAT JAM

1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 & 1 & 2 & 3 &

### 68. BARCAROLLE

Moderato

**3** **4**

Jacques Offenbach

HISTORY

Norwegian composer **Edvard Grieg** (1843–1907) wrote *Peer Gynt Suite* for a play by Henrik Ibsen in 1875, the year before the telephone was invented by Alexander Graham Bell. "Morning" is a melody from *Peer Gynt Suite*. Music used in plays, or in films and television, is called **incidental music**.

### 69. MORNING (from Peer Gynt)

Andante

**3** **4**

Edvard Grieg

#### Accent



Emphasize the note.

### 70. ACCENT YOUR TALENT

Clap

**4**

HISTORY

**Latin American music** has its roots in the African, Native American, Spanish and Portuguese cultures. This diverse music features lively accompaniments by drums and other percussion instruments such as maracas and claves. Music from Latin America continues to influence jazz, classical and popular styles of music. "Chiapanecas" is a popular children's dance and game song.

### 71. MEXICAN CLAPPING SONG ("Chiapanecas")

Latin American Folk Song

### 72. ESSENTIAL CREATIVITY

Compose your own music for measures 3 and 4 using this rhythm:



## THEORY

**Accidental**

Any sharp, flat or natural sign which appears in the music without being in the key signature is called an **accidental**.

**Flat** 

A **flat** sign lowers the pitch of a note by a half-step. The note A-flat sounds a half-step below A, and all A's become A-flats for the rest of the measure where they occur.

**73. HOT MUFFINS – New Note****A<sub>b</sub>**

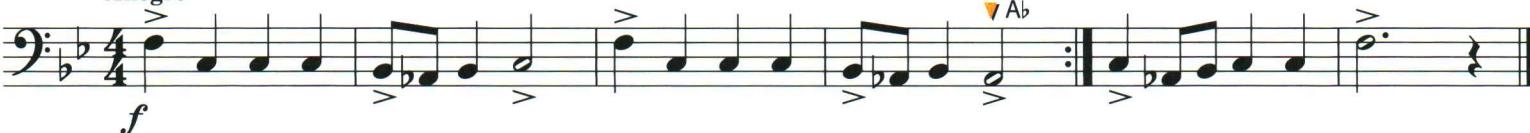
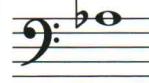
3

▲ A<sub>b</sub>

▲ Flat applies to all A's in measure.

**74. COSSACK DANCE**

Allegro

**75. BASIC BLUES – New Note****A<sub>b</sub>**

3

▲ A<sub>b</sub>

Flat applies to all A's in measure.

## THEORY

**New Key Signature**

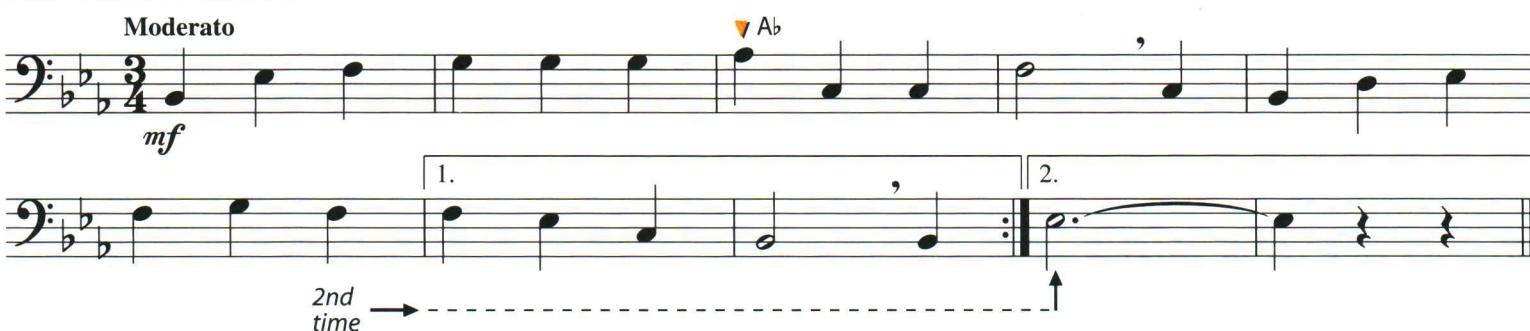
This Key Signature indicates the *Key of E<sub>b</sub>* – play all B's as B-flats, all E's as E-flats, and all A's as A-flats.

**1st & 2nd Endings**

Play through the 1st Ending. Then play the repeated section of music, **skipping** the 1st Ending and playing the 2nd Ending.

**76. HIGH FLYING**

Moderato

▲ A<sub>b</sub>

1.

2.

2nd time → -----↑

## HISTORY

**Japanese folk music** actually has its origins in ancient China. "Sakura, Sakura" was performed on instruments such as the **koto**, a 13-string instrument that is more than 4000 years old, and the **shakuhachi** or bamboo flute. The unique sound of this ancient Japanese melody results from the pentatonic (or five-note) sequence used in this tonal system.

**77. SAKURA, SAKURA – Band Arrangement**

Andante

 Japanese Folk Song  
Arr. by John Higgins


&gt;&gt;&gt; p

**78. UP ON A HOUSETOPI**

Allegro

**79. JOLLY OLD ST. NICK - Duet**

Moderato

See page 9 for additional holiday music, *MY DREYDL* and *JINGLE BELLS*.**80. THE BIG AIRSTREAM - New Note**

1

**81. WALTZ THEME (THE MERRY WIDOW WALTZ)**

Moderato

Franz Lehar

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Reproduced by Permission**82. AIR TIME**
**83. DOWN BY THE STATION**

Allegro

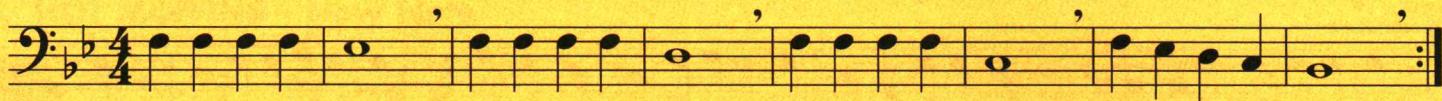
**84. ESSENTIAL ELEMENTS QUIZ**

Moderato

**85. ESSENTIAL CREATIVITY** Using these notes, improvise your own rhythms:


**DAILY WARM-UPS**

WORK-OUTS FOR TONE &amp; TECHNIQUE

**86. TONE BUILDER** Use a steady stream of air.

**87. RHYTHM BUILDER**

**88. TECHNIQUE TRAX**


**89. CHORALE** (Adapted from Cantata 147)

Johann Sebastian Bach



## THEORY

**Theme and Variations**

A musical form featuring a **theme**, or primary melody, followed by **variations**, or altered versions of the theme.

**90. VARIATIONS ON A FAMILIAR THEME**

Theme



Variation 1



Variation 2


**D.C. al Fine**

At the **D.C. al Fine** play again from the beginning, stopping at **Fine** (fee'-nay).  
**D.C.** is the abbreviation for **Da Capo**, or "to the beginning," and **Fine** means "the end."

**91. BANANA BOAT SONG**

Moderato



**Natural**

A **natural** sign cancels a flat (b) or sharp (#) and remains in effect for the entire measure.

THEORY

**92. RAZOR'S EDGE - New Note****E**

2

**93. THE MUSIC BOX****Moderato**E $\natural$ 

**African-American spirituals** originated in the 1700's, midway through the period of slavery in the United States. One of the largest categories of true American folk music, these primarily religious songs were sung and passed on for generations without being written down. The first collection of spirituals was published in 1867, four years after The Emancipation Proclamation was signed into law.

HISTORY

**94. EZEKIEL SAW THE WHEEL****Allegro**

African-American Spiritual

**Slur**

A curved line which connects notes of different pitch. Tongue the first note normally. Then, play the slurred note(s) using "dah", a legato tonguing syllable.  
*Legato* — An Italian word for smooth and connected.

**95. SMOOTH OPERATOR**

▲ Slur 2 notes. Tongue the first note. Use "dah" on the second note.

**96. GLIDING ALONG**

▲ Slur 4 notes. Tongue the first note. Use "dah" on all notes connected by a slur.

**Ragtime** is an American music style that was popular from the 1890's until the time of World War I. This early form of jazz brought fame to pianists like "Jelly Roll" Morton and Scott Joplin, who wrote "The Entertainer" and "Maple Leaf Rag." Surprisingly, the style was incorporated into some orchestral music by Igor Stravinsky and Claude Debussy.

A special trombone technique used in ragtime and other styles of music is called a **glissando**, which looks like this:  To play a glissando, move your slide without tonguing and use a full airstream. Remember that glissandos are different from legato tonguing (slurs).

HISTORY

**97. TROMBONE RAG****Allegro**

1. E $\natural$ 

gliss.

2.

gliss.

1

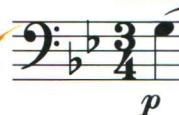
6

1

1

6

1

**98. ESSENTIAL ELEMENTS QUIZ****Andante****Fine****D.C. al Fine****E**

p

HISTORY

## 99. TAKE THE LEAD – New Note

**A**
**THEORY****Phrase**

A musical "sentence" which is often 2 or 4 measures long. Try to play a **phrase** in one breath.

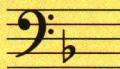
## 100. THE COLD WIND

## 101. PHRASEOLOGY

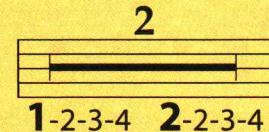
Write in the breath mark(s) between the phrases.

**THEORY****New Key Signature**

This **Key Signature** indicates the **Key of F** – play all B's as B-flats.

**Multiple Measure Rest**

The number above the staff tells you how many full measures to rest. Count each measure of rest in sequence:



## 102. SATIN LATIN

**Allegro**
**HISTORY**

German composer **Johann Sebastian Bach** (1685–1750) was part of a large family of famous musicians and became the most recognized composer of the Baroque era. Beginning as a choir member, Bach soon became an organist, a teacher, and a prolific composer, writing more than 600 masterworks. This **Minuet**, or dance in 3/4 time, was written as a teaching piece for use with an early form of the piano.

## 103. MINUET – Duet

**Moderato**

Johann Sebastian Bach

## 104. ESSENTIAL CREATIVITY

This melody can be played in 3/4 or 4/4. Pencil in either time signature, draw the bar lines and play. Now erase the bar lines and try the other time signature. Do the phrases sound different?

**C**

## 105. NATURALLY

HISTORY

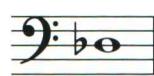
Austrian composer **Franz Peter Schubert** (1797–1828) lived a shorter life than any other great composer, but he created an incredible amount of music: more than 600 art-songs (concert music for voice and accompaniment), ten symphonies, chamber music, operas, choral works and piano pieces. His "March Militaire" was originally a piano duet.

## 106. MARCH MILITAIRE

Allegro

Franz Schubert

## 107. THE FLAT ZONE – New Note

**D<sub>b</sub>**

5

▲ D<sub>b</sub>

## 108. ON TOP OF OLD SMOKEY

Allegro

American Folk Song

HISTORY

**Boogie-woogie** is a style of the **blues**, and it was first recorded by pianist Clarence "Pine Top" Smith in 1928, one year after Charles Lindbergh's solo flight across the Atlantic. A form of jazz, blues music features altered notes and is usually written in 12-measure verses, like "Bottom Bass Boogie."

## 109. BOTTOM BASS BOOGIE – Duet

Allegro

A

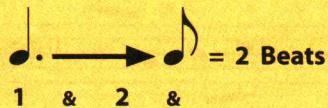
B

1. 2.

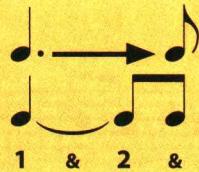
A

B

## Dotted Quarter & Eighth Notes



A dot adds half the value of the quarter note.



A single eighth note has a flag on the stem.

### 110. RHYTHM RAP

Clap

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

### 111. THE DOT ALWAYS COUNTS

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

### 112. ALL THROUGH THE NIGHT

Fine

D.C. al Fine

mf > p >

### 113. SEA CHANTY

Always use a full airstream.

Moderato

English Folk Song

f f

### 114. SCARBOROUGH FAIR

Andante

English Folk Song

mf f mf p

### 115. RHYTHM RAP

Clap

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

### 116. THE TURNAROUND

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

### 117. ESSENTIAL ELEMENTS QUIZ - AULD LANG SYNE

Scottish Folk Song

Andante

mf < f

Check Rhythm

# PERFORMANCE SPOTLIGHT

## Solo with Piano Accompaniment

You can perform this solo with or without a piano accompanist. Play it for the band, the school or your family. It is part of **Symphony No. 9 ("From The New World")** by Czech composer **Antonín Dvořák** (1841–1904). He wrote it while visiting America in 1893, and was inspired to include melodies from American folksongs and spirituals. This is the **Largo** (or "very slow tempo") theme.

### 118. THEME FROM "NEW WORLD SYMPHONY"

Largo 4 5 Measure number Antonin Dvorák

#### Piano Accompaniment

## SPECIAL TROMBONE EXERCISE – Lip Slurs

**Lip Slurs** are notes that are slurred without changing positions. Brass players practice these to develop a stronger airstream and embouchure, and to increase range. Add this pattern to your daily Warm-Ups:

Great musicians give encouragement to fellow performers. On this page, clarinetists learn their instruments' upper register in the "Grenadilla Gorilla Jumps" (named after the grenadilla wood used to make clarinets). Brass players learn lip slurs, a new warm-up pattern. The success of your band depends on everyone's effort and encouragement.

### 119. GRENADILLA GORILLA JUMP No. 1

### 120. JUMPIN' UP AND DOWN

### 121. GRENADILLA GORILLA JUMP No. 2

### 122. JUMPIN' FOR JOY

### 123. GRENADILLA GORILLA JUMP No. 3

### 124. JUMPIN' JACKS

#### Interval

The distance between two pitches is an **interval**. Starting with "1" on the lower note, count each line and space between the notes. The number of the higher note is the distance of the interval.

#### THEORY

### 125. ESSENTIAL ELEMENTS QUIZ

Write in the numbers of the intervals, counting up from the lower notes.



Intervals: 2nd    3rd    4th

## 126. GRENADE GORILLA JUMP No. 4

## 127. THREE IS THE COUNT

## 128. GRENADE GORILLA JUMP No. 5

## 129. TECHNIQUE TRAX

## 130. CROSSING OVER – New Note

### Trio

A **trio** is a composition with three parts played together. Practice this trio with two other players and listen for the 3-part harmony.

## 131. KUM BAH YAH – Trio

*Always check the key signature.*

African Folk Song

**Repeat Signs**

Repeat the section of music enclosed by the **repeat signs**.  
(If 1st and 2nd endings are used, they are played as usual — but go back only to the first repeat sign, not to the beginning.)

**132. MICHAEL ROW THE BOAT ASHORE**

African-American Spiritual

Andante

*mf*

**133. AUSTRIAN WALTZ**

Moderato

Austrian Folk Song

**134. BOTANY BAY**

Allegro

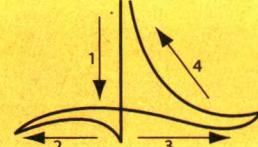
Australian Folk Song

**C Time Signature**

= Common Time  
(Same as  $\frac{4}{4}$ )

**Conducting**

Practice conducting  
this four-beat pattern.

**135. TECHNIQUE TRAX** Practice at all dynamic levels.

**136. FINLANDIA**

Andante

Jean Sibelius

**137. ESSENTIAL CREATIVITY**

Create your own variations by penciling in a dot and a flag to change the rhythm of any measure from



© Breitkopf &amp; Härtel, Wiesbaden - Leipzig



### 138. EASY GORILLA JUMPS

Musical notation for 'Easy Gorilla Jumps' in 2/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes.

### 139. TECHNIQUE TRAX *Always check the key signature.*

Musical notation for 'Technique Trax' in 2/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes.

### 140. MORE TECHNIQUE TRAX

Musical notation for 'More Technique Trax' in 2/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes.

### 141. GERMAN FOLK SONG

Moderato

Musical notation for 'German Folk Song' in 3/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes. It includes dynamic markings 'mf' and performance markings consisting of diagonal lines and arrows.

### 142. THE SAINTS GO MARCHIN' AGAIN

Allegro

Musical notation for 'The Saints Go Marchin' Again' in 4/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes. It includes dynamic markings 'f' and 'mf' and performance markings consisting of diagonal lines and arrows.

James Black and Katherine Purvis

### 143. LOWLAND GORILLA WALK

Musical notation for 'Lowland Gorilla Walk' in 4/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes.

### 144. SMOOTH SAILING

Musical notation for 'Smooth Sailing' in 2/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes.

### 145. MORE GORILLA JUMPS

Musical notation for 'More Gorilla Jumps' in 4/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes.

### 146. FULL COVERAGE

Musical notation for 'Full Coverage' in 2/4 time, common key. The notation consists of two measures of eighth notes and two measures of sixteenth notes.

**Scale**

A **scale** is a sequence of notes in ascending or descending order. Like a musical "ladder," each step is the next consecutive note in the key. This scale is in your Key of B♭ (two flats), so the top and bottom notes are both B♭'s. The interval between the B♭'s is an octave.

**147. CONCERT B♭ SCALE**

Scale Steps: 1 2 3 4 5 6 7 8 7 6 5 4 3 2 1

Octave

**Chord & Arpeggio**

When two or more notes are played together, they form a **chord** or **harmony**. This B♭ chord is built from the 1st, 3rd and 5th steps of the B♭ scale. The 8th step is the same as the 1st, but it is an octave higher. An **arpeggio** is a "broken" chord whose notes are played individually.

**148. IN HARMONY** Divide the notes of the chords between band members and play together. Does the arpeggio sound like a chord?

**149. SCALE AND ARPEGGIO**

Austrian composer **Franz Josef Haydn** (1732–1809) wrote 104 symphonies. Many of these works had nicknames and included brilliant, unique effects for their time. His Symphony No. 94 was named "The Surprise Symphony" because the soft second movement included a sudden loud dynamic, intended to wake up an often sleepy audience. Pay special attention to dynamics when you play this famous theme.

**150. THEME FROM "SURPRISE SYMPHONY"**

Franz Josef Haydn

Andante

**151. ESSENTIAL ELEMENTS QUIZ – THE STREETS OF LAREDO**

American Folk Song

Write in the note names before you play.

**E**

# PERFORMANCE SPOTLIGHT

## 152. SCHOOL SPIRIT - Band Arrangement

March Style

5 Measure Number

W.T. Purdy  
Arr. by John Higgins

### Soli

When playing music marked **Soli**, you are part of a group "solo" or group feature. Listen carefully in "Carnival of Venice," and name the instruments that play the Soli part at each indicated measure number.

## 153. CARNIVAL OF VENICE - Band Arrangement

Julius Benedict  
Arr. by John Higgins

Allegro



# DAILY WARM-UPS

WORK-OUTS FOR TONE & TECHNIQUE

## 154. RANGE AND FLEXIBILITY BUILDER

## 155. TECHNIQUE TRAX

## 156. CHORALE

Johann Sebastian Bach

### HISTORY

The traditional Hebrew melody "Hatikvah" has been Israel's national anthem since the nation's inception. At the Declaration of State in 1948, it was sung by the gathered assembly during the opening ceremony and played by members of the Palestine Symphony Orchestra at its conclusion.

## 157. HATIKVAH

Israeli National Anthem

## Eighth Note & Eighth Rest

 = 1/2 beat of sound  
 = 1/2 beat of silence



### 158. RHYTHM RAP

Clap

### 159. EIGHTH NOTE MARCH

### 160. MINUET

Moderato

Johann Sebastian Bach

### 161. RHYTHM RAP

Clap

### 162. EIGHTH NOTES OFF THE BEAT

### 163. EIGHTH NOTE SCRAMBLE

### 164. ESSENTIAL ELEMENTS QUIZ

Andante

## 165. DANCING MELODY – New Note



5



10

## HISTORY

American composer and conductor **John Philip Sousa** (1854–1932) wrote 136 marches. Known as "The March King," Sousa wrote *The Stars And Stripes Forever*, *Semper Fidelis*, *The Washington Post* and many other patriotic works. Sousa's band performed all over the country, and his fame helped boost the popularity of bands in America. Here is a melody from his famous *El Capitan* operetta and march.

## 166. EL CAPITAN

**Allegro**



John Philip Sousa

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HISTORY

"O Canada," formerly known as the "National Song," was first performed during 1880 in French Canada. Robert Stanley Weir translated the English language version in 1908, but it was not adopted as the national anthem of Canada until 1980, one hundred years after its premiere.

## 167. O CANADA

**Maestoso (Majestically)**

Calixa Lavallee,  
l'Hon. Judge Routhier  
and Justice R.S. Weir



## 168. ESSENTIAL ELEMENTS QUIZ – METER MANIA

*Count and clap before playing. Can you conduct this?*



## Enharmonics

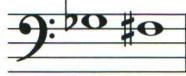
Two notes that are written differently, but sound the same (and played with the same fingering) are called **enharmonics**. Your fingering chart on pages 46–47 shows the fingerings for the enharmonic notes on your instrument.

On a piano keyboard, each black key is both a flat and a sharp:



### 169. SNAKE CHARMER

**G♭/F♯**



5

Enharmonic notes use the same position.

▲ G♭

▲ F♯

### 170. DARK SHADOWS

▲ Pick-up note

### 171. CLOSE ENCOUNTERS

**D♭/C♯**



5

Enharmonic notes use the same position.

▲ C♯

▲ D♭

### 172. MARCH SLAV

Largo

Peter Illyich Tchaikovsky

### 173. NOTES IN DISGUISE

## Chromatic Notes

**Chromatic notes** are altered with sharps, flats and natural signs which are not in the key signature. The smallest distance between two notes is a half-step, and a scale made up of consecutive half-steps is called a **chromatic scale**.

### 174. HALF-STEPPIN'

## HISTORY

French composer **Camille Saint-Saëns** (1835–1921) wrote music for virtually every medium: operas, suites, symphonies and chamber works. The “Egyptian Dance” is one of the main themes from his famous opera *Samson et Delilah*. The opera was written in the same year that Thomas Edison invented the phonograph—1877.

175. EGYPTIAN DANCE *Watch for enharmonics.*

Allegro

Camille Saint-Saëns

## 176. SILVER MOON BOAT

Largo

Chinese Folk Song

Fine

D.C. al Fine

*f*      *p*

## HISTORY

German composer **Ludwig van Beethoven** (1770–1827) is considered to be one of the world's greatest composers, despite becoming completely deaf in 1802. Although he could not hear his music the way we can, he could “hear” it in his mind. As a testament to his greatness, his Symphony No. 9 (p. 13) was performed as the finale to the ceremony celebrating the reunification of Germany in 1990. This is the theme from his Symphony No. 7, second movement.

## 177. THEME FROM SYMPHONY NO. 7 – Duet

Allegro (moderately fast)

Ludwig van Beethoven

A

B

9

mf

1.

2.

Russian composer **Peter Illyich Tchaikovsky** (1840–1893) wrote six symphonies and hundreds of other works including *The Nutcracker* ballet. He was a master at writing brilliant settings of folk music, and his original melodies are among the most popular of all time. His 1812 Overture and *Capriccio Italien* were both written in 1880, the year after Thomas Edison developed the practical electric light bulb.

### 178. CAPRICCIO ITALIEN

*Always check the key signature.*

Peter Illyich Tchaikovsky

Allegro

### 179. AMERICAN PATROL

F.W. Meacham

Allegro

### 180. WAYFARING STRANGER

African-American Spiritual

Andante

### 181. ESSENTIAL ELEMENTS QUIZ – SCALE COUNTING CONQUEST



# PERFORMANCE SPOTLIGHT

## 182. AMERICA THE BEAUTIFUL – Band Arrangement

Samuel A. Ward  
Arr. by John Higgins

Maestoso

7 Andante

15

mf

25

## 183. LA CUCARACHA – Band Arrangement

Latin American Folk Song  
Arr. by John Higgins

Latin Rock

5

13

p

25

1. 2.

# PERFORMANCE SPOTLIGHT

## 184. THEME FROM 1812 OVERTURE – Band Arrangement

Peter Illyich Tchaikovsky  
Arr. by John Higgins

Allegro

The musical score consists of ten staves of bassoon music. Staff 1 starts with a dynamic *f*. Staff 2 includes dynamics *p*, *f*, and *p*. Staff 3 is a repeat of Staff 2. Staff 4 starts with a dynamic *mf* and ends with *f*. Staff 5 is a repeat of Staff 4. Staff 6 is a repeat of Staff 5. Staff 7 starts with a dynamic *p*. Staff 8 starts with a dynamic *p*. Staff 9 starts with a dynamic *p*. Staff 10 starts with a dynamic *p*.

10

18 4

26

34

42

# PERFORMANCE SPOTLIGHT

## Solo with Piano Accompaniment

Performing for an audience is an exciting part of being involved in music. This solo is based on *Symphony No. 1* by German composer **Johannes Brahms** (1833–1897). He completed his first symphony in 1876, the same year that the telephone was invented by Alexander Graham Bell. You and a piano accompanist can perform this for the band or at other school and community events.

### 185. THEME FROM SYMPHONY NO. 1 – Solo (Concert Eb version)

Johannes Brahms  
Arr. by John Higgins

Allegro

Trombone

Piano

3

mf

p

13

f

mf

1.

2.

f

# DUETS

Here is an opportunity to get together with a friend and enjoy playing music. The other player does not have to play the same instrument as you. Try to exactly match each other's rhythm, pitch and tone quality. Eventually, it may begin to sound like the two parts are being played by one person! Later, try switching parts.

## 186. SWING LOW, SWEET CHARIOT – Duet

African-American Spiritual

Andante

Fine

D.C. al Fine

## 187. LA BAMBA – Duet

Mexican Folk Song

Allegro

Fine

D.C. al Fine

# RUBANK® SCALE AND ARPEGGIO STUDIES

**KEY OF B♭** In this key signature, play all B♭'s and E♭'s.

1.

2.

3.

4.

**KEY OF E♭** In this key signature, play all B♭'s, E♭'s and A♭'s.

1.

2.

3.

4.

# RUBANK® SCALE AND ARPEGGIO STUDIES

## KEY OF F

*In this key signature, play all B♭'s.*

1.



Sheet music for bass clef, 4/4 time, key of F major. The scale consists of 16 notes starting on F and ending on F, with a half note at the end.

2.



Sheet music for bass clef, 2/4 time, key of F major. The scale consists of 16 notes starting on F and ending on F, with a half note at the end.

3.



Sheet music for bass clef, 4/4 time, key of F major. The scale consists of 16 notes starting on F and ending on F, with a half note at the end.

4.



Sheet music for bass clef, 4/4 time, key of F major. The scale consists of 16 notes starting on F and ending on F, with a half note at the end.

## KEY OF A♭

*In this key signature, play all B♭'s, E♭'s, A♭'s and D♭'s.*

1.



Sheet music for bass clef, 4/4 time, key of A-flat major. The scale consists of 16 notes starting on A-flat and ending on A-flat, with a half note at the end.

2.



Sheet music for bass clef, 2/4 time, key of A-flat major. The scale consists of 16 notes starting on A-flat and ending on A-flat, with a half note at the end.

3.



Sheet music for bass clef, 4/4 time, key of A-flat major. The scale consists of 16 notes starting on A-flat and ending on A-flat, with a half note at the end.

4.



Sheet music for bass clef, 4/4 time, key of A-flat major. The scale consists of 16 notes starting on A-flat and ending on A-flat, with a half note at the end.


**RHYTHM STUDIES**

1                    2                    3                    4



5                    6                    7                    8



9                    10                    11                    12



13                    14                    15                    16



17                    18                    19                    20



21                    22                    23                    24



25                    26                    27                    28



29                    30                    31                    32

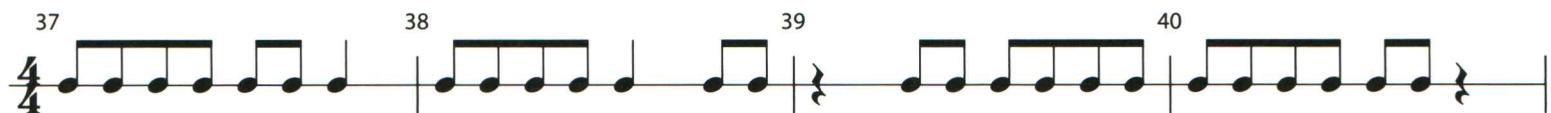


33                    34                    35                    36

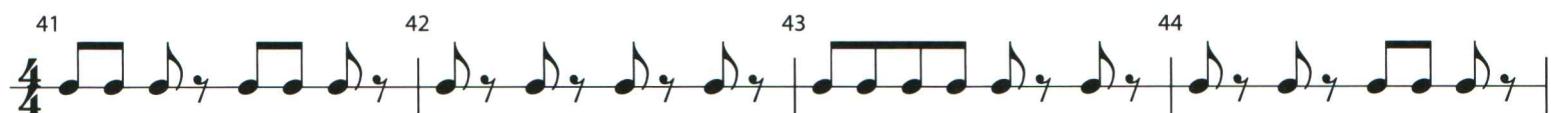



**RHYTHM STUDIES**

37 38 39 40



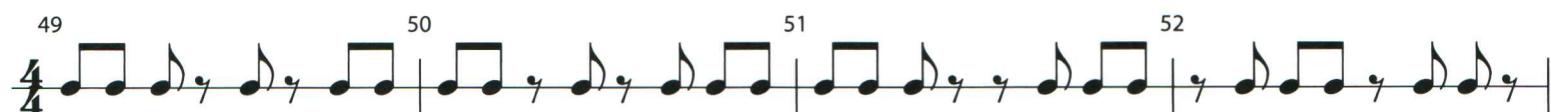
41 42 43 44



45 46 47 48



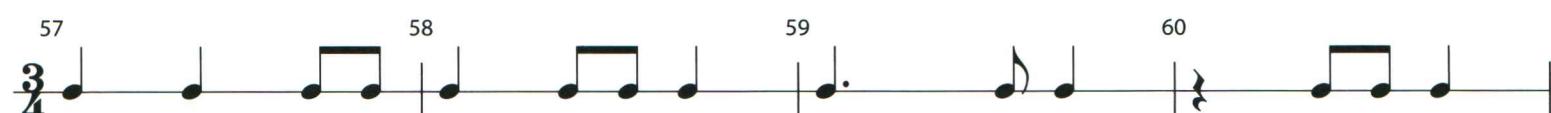
49 50 51 52



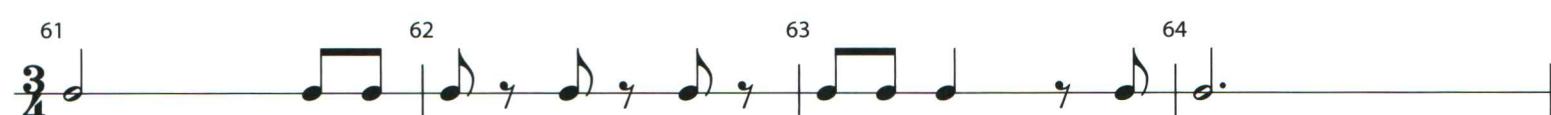
53 54 55 56



57 58 59 60



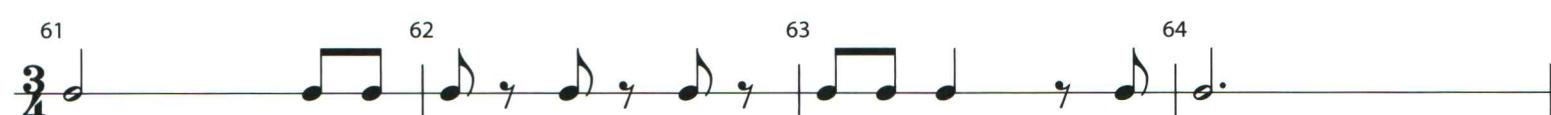
61 62 63 64



65 66 67 68



69 70 71 72



# CREATING MUSIC

## THEORY

### Composition

**Composition** is the art of writing original music. A composer often begins by creating a melody made up of individual **phrases**, like short musical “sentences.” Some melodies have phrases that seem to answer or respond to “question” phrases, as in Beethoven’s *Ode To Joy*. Play this melody and listen to how phrases 2 and 4 give slightly different answers to the same question (phrases 1 and 3).

#### 1. ODE TO JOY

1. Question

2. Answer

3. Question

4. Answer

Ludwig van Beethoven



#### 2. Q. AND A.

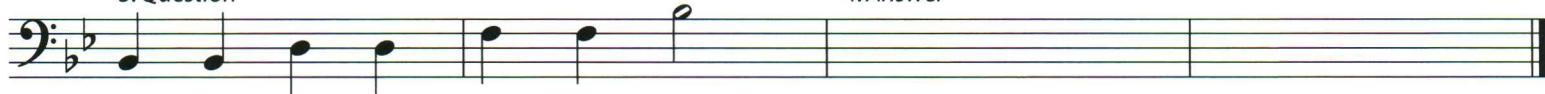
*Write your own “answer” phrases in this melody.*

1. Question

2. Answer

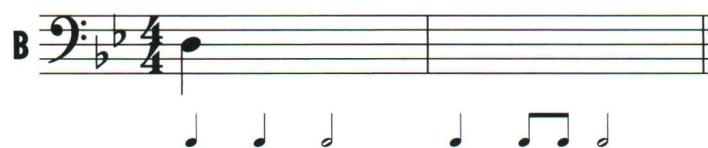
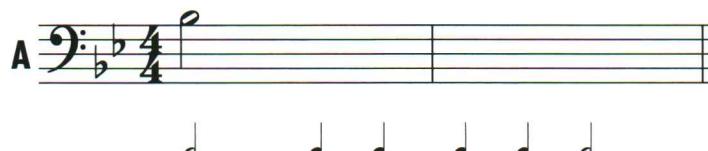
3. Question

4. Answer



#### 3. PHRASE BUILDERS

*Write 4 different phrases using the rhythms below each staff.*

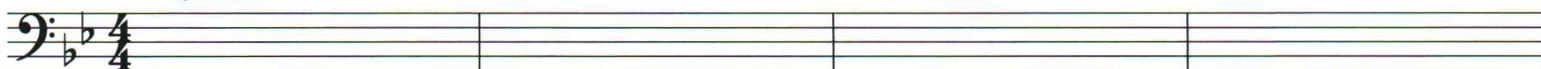


#### 4. YOU NAME IT:

Pick phrase A, B, C, or D from above, and write it as the “Question” for phrases 1 and 3 below. Then write 2 different “Answers” for phrases 2 and 4.

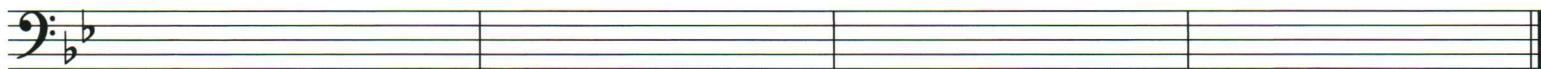
1. Question

2. Answer



3. Question

4. Answer



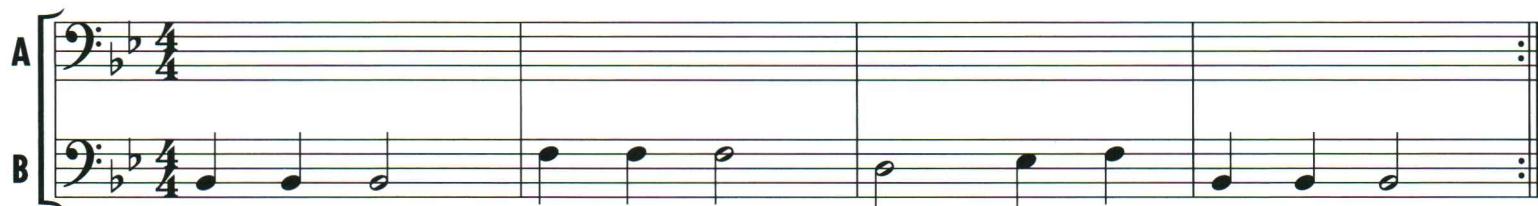
## THEORY

### Improvisation

**Improvisation** is the art of freely creating your own melody *as you play*. Use these notes to play your own melody (Line A), to go with the accompaniment (Line B).



#### 5. INSTANT MELODY



**Y**

You can mark your progress through the book on this page. Fill in the stars as instructed by your band director.

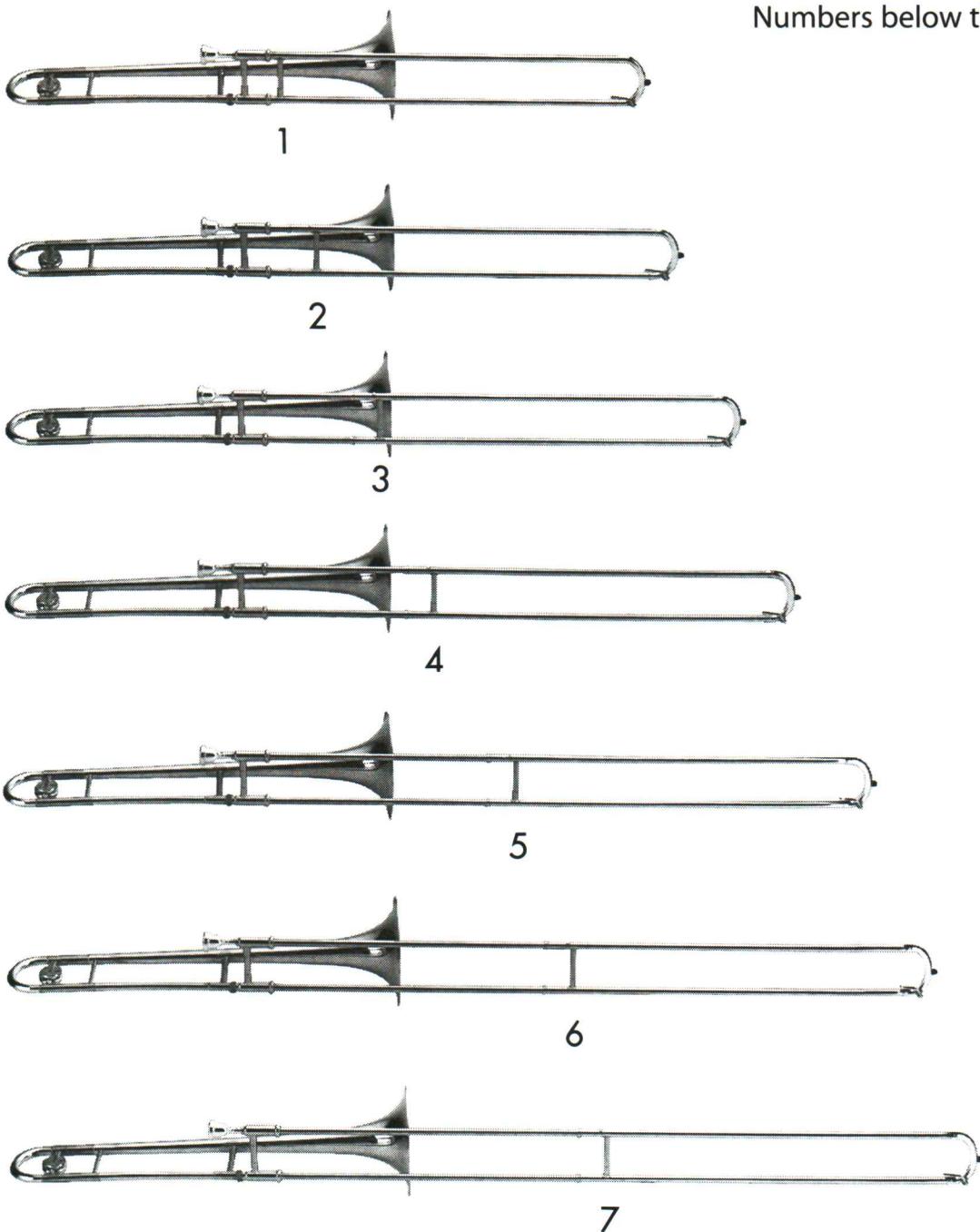


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5. Page 8, EE Quiz, No. 32
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28. Page 38, Performance Spotlight

# POSITION CHART

**TROMBONE**

Numbers below the notes = Slide positions



Instrument courtesy of  
Yamaha Corporation of America,  
Band and Orchestral Division

## Instrument Care Reminders

Before putting your instrument back in its case after playing, do the following:

- Use the water key to empty water from the instrument. Blow air through it.
- Remove the mouthpiece and slide assembly. Do not take the outer slide off the inner slide piece. Return the instrument to its case.
- Once a week, wash the mouthpiece with warm tap water. Dry thoroughly.

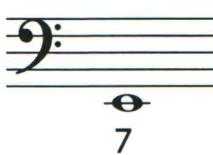
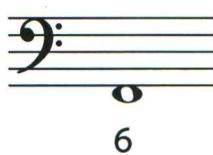
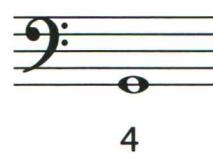
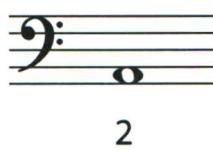
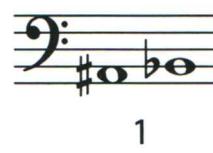
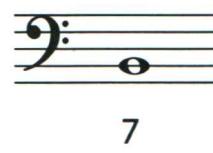
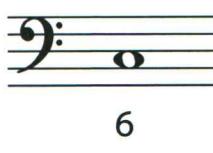
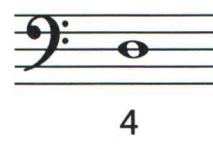
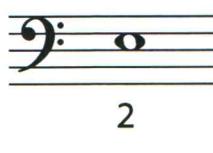
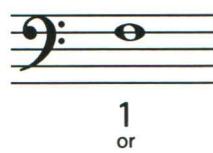
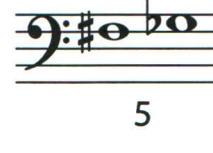
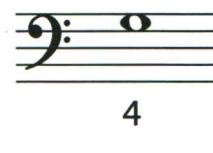
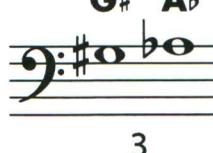
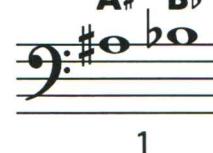
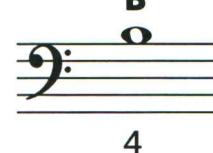
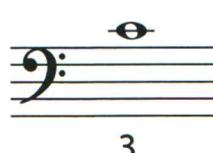
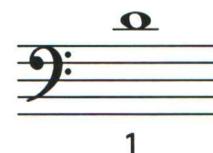
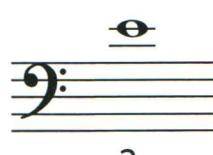
Trombone slides occasionally need oiling. To oil your slide, simply:

- Rest the tip of the slide on the floor and unlock the slide.
- Exposing the inner slide, put a few drops of oil on the inner slide.
- Rapidly move the slide back and forth. The oil will then lubricate the slide.
- Be sure to grease the tuning slide regularly. Your director will recommend special slide oil and grease, and will help you apply them when necessary.

CAUTION: If a slide or your mouthpiece becomes stuck, ask for help from your band director or music dealer. Special tools should be used to prevent damage to your instrument.

# POSITION CHART

## TROMBONE

**E****F****F♯ G♭****G****G♯ A♭****A****A♯ B♭****B****C****C♯ D♭****D****D♯ E♭****E****F****F♯ G♭****G****G♯ A♭****A****A♯ B♭****B****C****C♯ D♭****D****D♯ E♭****E****F****F♯ G♭****G**

\* + = Make the slide a little longer.

\*\* - = Make the slide a little shorter.


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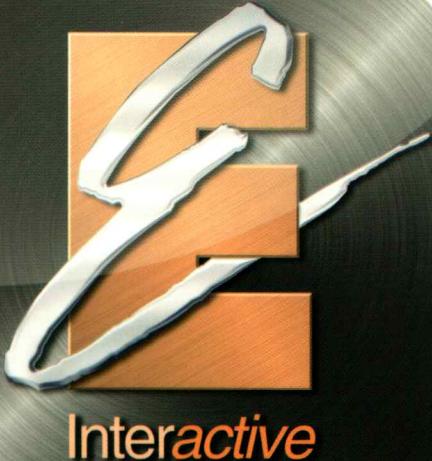
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